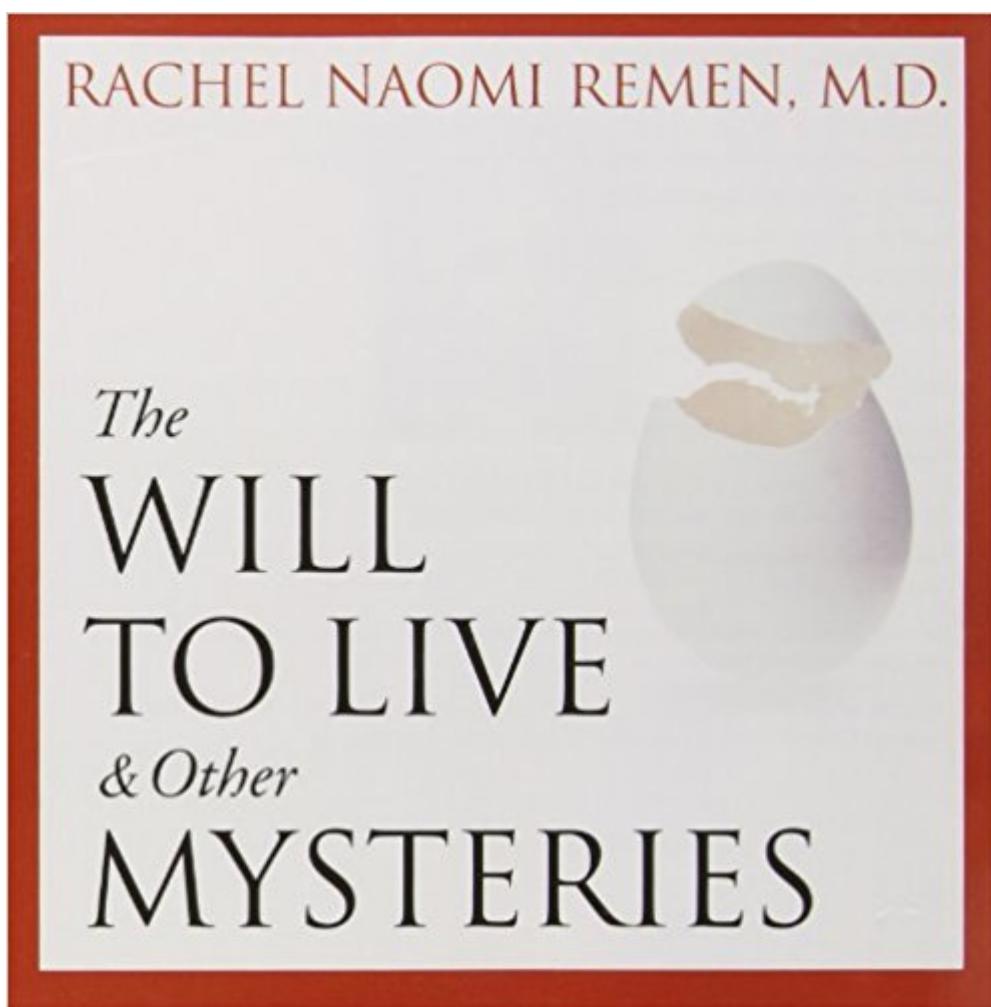


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# The Will To Live And Other Mysteries



## **Synopsis**

"Life is best defined not by science, but by mystery," teaches Dr. Rachel Naomi Remen. Now, the beloved "healer of the heart" probes the universal experience of the unknown that can come in times of crisis. Join this master storyteller as she shares compelling front-line stories of people who opened to mystery and found healing. Complete with step-by-step exercises that Dr. Remen recommends to her own patients.

## **Book Information**

Audio CD

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Average Customer Review: 4.3 out of 5 stars 14 customer reviews

Best Sellers Rank: #663,062 in Books (See Top 100 in Books) #56 in Books > Books on CD > Health, Mind & Body > Fitness #286 in Books > Books on CD > Health, Mind & Body > General #846 in Books > Books on CD > Religion & Spirituality > General

## **Customer Reviews**

Remen is a best-selling author (*Kitchen Table Wisdom* and *My Grandfather's Blessings*) as well as a psycho-oncologist in private practice for more than 20 years. Her work has earned her an international reputation in the field of mind/body health. In *The Will To Live & Other Mysteries*, she recounts her four decades of expertise with cancer patients, medical academia, and her own chronic illness. Remen is very aware of how American culture worships science, yet experience has taught her that "the will to live" can't be explained this way. Working with people who survived despite all medical odds made the author think in terms of hope, wonder, and healing the heart when dealing with patients. Citing examples from her own practice, Remen is inspirational; her tone is gentle, funny, and kind just the right note anyone would want in a physician or friend.

Recommended for libraries with a large circulation of self-help books. Pam Kingsbury, Florence, AL  
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Call these two wise men the superstars of the alternative universe. -- USA Today, October 18,, 2001

One of the most fascinating writing on Mystery in everyday life I have ever heard. It left me with a fuller understanding and many questions to ponder. I have listened to it again and again, always finding something new.

Good book. Reading is a little flat and dry, but soothing and listen-able.

Dr Remen is always inspiring and that's no exception here. She even laughs a little whilst reading the anecdotes. She was rather 'dour' in the audio of 'Kitchen Table Wisdom'. Nonetheless, both books are truly worth having in ones library. I go back to them again and again.

amazing, heartwarming , comforting and hope giving. A must for people with severe chronic illness who see their future as hopeless.

This book can open up your mind and change your life! Open it up anywhere and you will find a story that touches your heart.

I adore her books but do NOT like the way she reads this book. It's very boring and monotone.

This audio book is wonderful, Remen continues to educate and entertain with her stories and experiences. Terrific!

Rachel Naomi Remen has a way of touching the heart and soul of our being. Anyone who is facing a chronic illness as well as their family members should listen to this CD

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